



Invitation to the Rākau Athletic Meeting



You are more than welcome to come and watch your child compete at

school in the: **Rākau Athletics Meeting**

Tuesday 7th November from 9.15am

(Postponement Day - Thursday 9th November)

The outline of the day's programme (see the bottom of this notice) may give you an idea of when to come to watch your child compete at each event.

***** Here's the catch... We need parents to help us on the day *****

We need help in running each event - recording, measuring, placing - nothing too stressful, and a great opportunity to see your child compete.

Please indicate your support by [clicking here](#) to register your availability - Your help will be greatly appreciated.

Athletics Meeting morning programme starts at 9.15

Each round is **25** minutes long

Each Finals round is **10** minutes long

Lunch at approximately 12.30

Afternoon programme starts at 1.30pm

Class Relays will start at **approx 2.30pm**

Now you can do the Math and work out when your young athlete will be competing at each event, however, the times may change slightly due to the size of each group. See the programme below.

**** 800 metres will be run at a later date, yet to be determined**



The Programme

Key: 5B1 = Year 5 Boys Group 1 5B2 = Year Boys Group 2

Time	Round	Track	Shot	H Jump	Discus	L Jump	CBT
9.15	1	6B	5B1	5B2	6G1	6G2	5G
9.40	2		5B2	5B1	6G2	6G1	
10.05	3	Finals		Finals		Finals	
10.15	4	5G	6B1	6B2	5B1	5B2	6G
10.40	5		6B2	6B1	5B2	5B1	
11.05	6	Finals		Finals		Finals	
11.15	7	6G	5G1	5G2	6B1	6B2	5B
11.40	8		5G2	5G1	6B2	6B1	
12.05	9	Finals		Finals		Finals	
12.30	LUNCH						
1.30	10	5B	6G1	6G2	5G1	5G2	6B
1.55	11		6G2	6G1	5G2	5G1	
2.20	12	Finals		Finals		Finals	

Class Relays start 2:30pm

