



A talk by Christy Herselman



#wellconnected Families

Creating a healthy digital culture at home

Do you want a healthy
digital culture at home?

**A great way to start is to sign up for this 2 part
course and get equipped to build and maintain
this culture in your home.**

15th & 22nd November // 7:00pm – 9:00pm

90 Bethlehem Road, Tauranga

Register - bit.ly/wellfamilies



The first part will be looking at the challenges of raising kids in a digital world, breaking down each of the following critical elements with practical tips on implementing them in your home.

- Understanding screentime & the online space
- The social, developmental and emotional impact
- Online dangers
- Tweens and screens - the perfect storm
- Fame & shame culture
- The Jekyll & Hyde effect
- Screens & brain wiring

The second part will be working on creating a healthy digital culture at home, including practical tips for raising children who are safe, wise and kind online.

Each evening will end with a Q&A to chat through specific issues or challenges.

We are offering the opportunity to meet in person at Bethlehem Baptist Church or online via Zoom.

\$30 per household (single/couple) attending in person or online.

Register at **bit.ly/wellfamilies** or at Bethlehem Baptist Church reception during weekdays.

